

About the intellectual disability

Intellectual disability is a functional impairment.

About 1% of the Swedish population have some kind of intellectual disability. The goal is to give them a good life like everybody else's.

A person with a mental handicap is entitled by law to obtain the help he or she needs in order to live independently and participate in the life of community.

Intellectual disability varies from one person to another. But all persons with an intellectual disability need more support than others. More time to understand, to learn new things and to express their thoughts and feelings.

Everybody needs a meaningful day

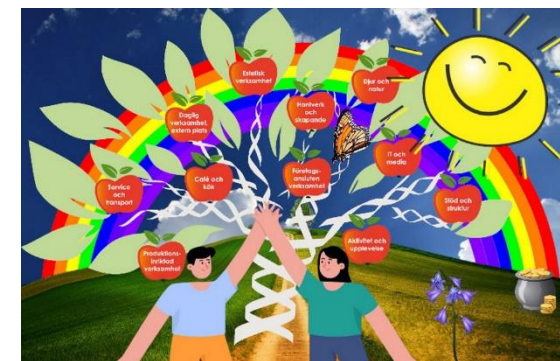
Day activity centre serves adults with intellectual disability.

Open Monday to Friday 8.00 – 16.00

Day activities aims

- To give the individual a change of scene and sense of participation and communal spirit.
- Give good nursing care.
- Create the feeling of doing useful work.
- Encourage social contacts.
- Make sure that individual's activities suits their wishes and resources.
- Create a safe and secure environment.
- Make the day at Orebro Day Activity Centre creative and happy.

Orebro Day Activity Centre



Orebro Day Activity Centre
Ribbingsgatan 11
703 63 Örebro
Sweden

Contact Orebro Municipality
Phone: +4619-21 53 46
Open: Monday–friday 8–16

Mail
dagligverksamhet@orebro.se

The weekday activities are divided into 54 smaller groups at ca 36 different locations in Orebro. Now we are totally 551 persons in the day activities in Orebro. And about ca 150 personnel.

Some groups concentrate on specific activities.

- Sensitivity/experience
- Trades and crafts
- Subcontracted jobs
- Cafés
- Computers
- Kitchen work

About ca 60 people work outside the centre. Today we have two persons employed to help intellectual disabled persons to get a job beside the centre in Orebro.

Activities in addition to the regular ones

- Music-café
- Excursions
- Cultural events
- Walks
- IT station
- Music
- Motion and health
- Bingo
- Karaoke
- Bowler
- Bowling
- Tip/Quiz--walks



Everybody needs a meaningful day



Layout and text: IT station

